

CHANGING THE WORLD FOR GOOD



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Global challenges require globally unified responses. World Service collaborates with YMCAs worldwide to support effective programs and services to address inequities for people in vulnerable communities in more than 35 countries. Whether teaching locally relevant vocational skills to help people with economic stability, providing education to break the cycle of poverty or developing civic-minded leaders, your charitable contributions are changing the world for good. Here are a few of the countless ways:

PHILIPPINES YMCA



ORGANIZATIONAL CAPACITY BUILDING

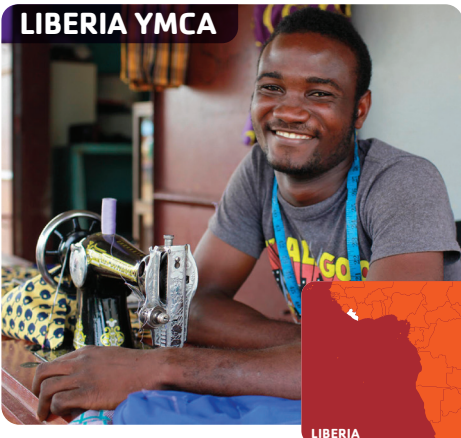
World Service helps deliver technical expertise, Y-to-Y partnership opportunities and resources that strengthen YMCAs' capacity to effectively serve their communities. For example, YMCA World Service partners with the **Albay YMCA in the Philippines** to help prepare more than 3,000 young leaders to serve their community and enhance long-term sustainability.

"In college, I was shy. I didn't care about my community's issues. Today, through the YMCA, I am able to help my fellow Filipino youth through peer-to-peer education. I feel empowered."

— Joyce

Youth Staff Leader, Albay YMCA, Philippines

LIBERIA YMCA



EMPLOYMENT AND ECONOMIC EMPOWERMENT

The **Liberia YMCA** helps more than 7,000 youth access job skills to escape the cycle of poverty. One participant, Yusuf, was forced to drop out of school to support his family. Through the YMCA, he learned to become a proficient tailor and opened his own tailor shop, enabling his family to move out of the slums. Yusuf is now a YMCA volunteer and role model for other young people.

"The YMCA was recruiting for their Employment Training program and I signed up. Since that day, I now have a new story to tell in my life."

— Yusuf

Volunteer, YMCA Liberia

SUPPORTING THE YMCA'S WORLD SERVICE CAMPAIGN IS EASY.

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RECREATION, CAMPING AND THE ENVIRONMENT

The **Russia YMCA** serves more than 20,000 people in 16 cities with a focus on experiential education and youth development programs including sports and fitness, youth camps, social inclusion programs for children with special needs, arts education, environmental and drug prevention programs, life skills and leadership training programs.

"The YMCA is a really good base to develop your leadership skills and understand how the world works."

— **Ekaterina**
Camp Director, YMCA Russia



HEALTH SERVICES

YMCAs provide quality health programs to help people manage stress, chronic disease and improve their quality of life in spirit, mind and body. The **Uruguay YMCA** serves 25,000 people with a focus on youth development for marginalized children and teens facing homelessness, addiction, unemployment, HIV and more.

"It is because of the YMCA that I quit doing everything bad for me and today I can honestly say I feel good."

— **Cristian**
Job Training and Substance Abuse Counseling Program Participant, Montevideo YMCA

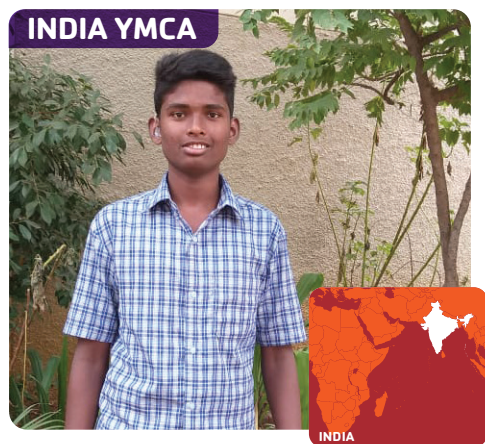


YOUTH LEADERSHIP AND CIVIC ENGAGEMENT

The **Kosovo YMCA's** Peer to Peer Leadership Program trains 400 youth ages 13–20 to become social and entrepreneurial innovators, build sustainable livelihoods and take action to improve their communities. One leader, Elda, created a YMCA at her college and has become the youngest female leader on her Y's national board.

"Each one of us has great potential to make change and leave our footprints in the world for the better."

— **Elda**
Peer to Peer Trainer, Kosovo YMCA



EDUCATION

The **Madurai, India YMCA's** school for the hearing-impaired gives young people the education and skills they need to live independently. Sugantha felt insecure and lonely, but through the YMCA he developed communications skills that helped his grades improve and his confidence soar. Sugantha graduated high school and now plans to study computer science and technology in college.

"If it was not for the YMCA, I would have been a school dropout. The YMCA transformed my life."

— **Sugantha**
Student, YMCA Madurai School, India