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ENJOY THE GREAT OUTDOORS!

Trail Walkers TOBY WELLS YMCA

Join the Trail Walkers group led by our very own Karen Barry, who has been hiking all over San Diego since 2008. We'll explore a different place around the county each month. Join the fun and meet others on your walks. We'll provide snacks and water.

DATES & LOCATIONS:

Saturday, January 19 - Tecolote Canyon - 4 miles - Moderate

Saturday, February 16 - Blue Sky Ecological Reserve - 5.5 miles - Strenuous

Saturday, March 16 - Mission Trails: Oak Canyon - 4 miles - Moderate

Saturday, April 20 - Sabre Springs - 5.5 miles - Moderate

TIME: 7:45 am - meet at trailhead.
(Transportation is on your own.
Please be on time; hike will start
at 8:00 am at the latest)

FEE: Member..... \$5 per walk
Participant... \$8 per walk



REGISTER: At the Welcome Center or online. Register deadline is two days before hike.

SPECIAL NOTES: Activity levels varies, depending on trail and terrain. Be sure to wear sunscreen, a hat, comfortable hiking shoes and dress in layers, according to weather.

For more information contact Karen Barry: 858-496-9622 or kbarry@ymca.org.

ymca.org/tobywells

Directions to Trails

Tecolote Canyon: 5180 Tecolote Canyon Rd., San Diego, 92110

- I-5
- Exit Seaworld/Tecolote and head east
- At Morena Blvd intersection, stay straight on Tecolote Road
- Road deadends at Tecolote Nature Center
- Park in lot and we will meet by nature center

Blue Sky Ecological Reserve:

- 15 North
- Take the Rancho Bernardo exit and go east
(Note: Rancho Bernardo Rd. becomes Espola Rd. as you enter Poway city limits)
- Drive about 3.4 miles and turn left into Blue Sky entrance

Mission Trails Grasslands/Oak Cyn. Loop:

- 8 East
- 125 North
- Left on Mission Gorge Road
- Right on Father Junipero Serra
- At stop sign turn left
- Immediate right into parking lot

Sabre Springs (Poway):

- I-15 North
- Exit 18, Poway Rd
- Go east on Poway Rd 3 miles to Pomerado Rd.
- Turn right on Pomerado Rd.
- In .4 mile turn right on Old Pomerado Rd
- Drive .3 miles Make another right onto Bette Bendixon Minipark
- Park on the street