



# AQUATICS SCHEDULES SPRING

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

7:30-8:30 7:30-8:30 7:30-8:30 7:30-8:30 7:00-7:50  
AQUA FIT

8:30-11:00  
PRESCHOOL SWIM LESSONS

7:55am-2:00pm  
CORREIA MIDDLE SCHOOL  
(Fridays only)

9:30-11:00  
55+ SWIM

11:05-11:55  
AQUA FIT

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

12:00-1:00  
WATER THERAPY

1:00-2:00  
SHARP HOSPITAL

2:30pm - 4:00pm  
POINT LOMA HIGH SCHOOL SWIM TEAM

4:00pm - 8:00pm  
PRESCHOOL & SCHOOL AGE SWIM LESSONS

4:00pm - 6:30pm  
PENINSULA SWIM TEAM

## FAMILY SWIM TIMES

| MONDAY      | TUESDAY    | WEDNESDAY  | THURSDAY   | FRIDAY    | SATURDAY  | SUNDAY     |
|-------------|------------|------------|------------|-----------|-----------|------------|
| 11:00-12:00 | 11:00-4:00 | 11:00-1:00 | 11:00-2:00 |           | 1:30-5:30 | 10:00-5:30 |
| 1:00-4:00   |            | 2:00-4:00  | 2:30-4:00  | 2:00-8:30 |           |            |
| 6:30-8:30   | 6:30-8:30  | 6:30-8:30  | 6:30-8:30  |           |           |            |



# AQUATICS SCHEDULE

## LAP LANE AVAILABILITY

**TOTAL 6 LANES**

| LANE AVAILABILITY |                |                |                |                |        |          |        |
|-------------------|----------------|----------------|----------------|----------------|--------|----------|--------|
|                   | Monday         | Tuesday        | Wednesday      | Thursday       | Friday | Saturday | Sunday |
| 530-600           | 6              | 6              | 6              | 6              | 6      | Closed   | Closed |
| 600-630           | 5              | 6              | 6              | 6              | 6      |          |        |
| 630-700           | 5              | 6              | 6              | 6              | 6      |          |        |
| 700-730           | 5              | 6              | 6              | 6              | 3      | 6        |        |
| 730-800           | 3              | 3              | 3              | 3              | 3      | 6        |        |
| 800-830           | 3              | 3              | 3              | 3              | 4      | 6        |        |
| 830-900           | 4-5            | 4-5            | 4-5            | 4-5            | 4-5    | 3        |        |
| 900-930           | 4-5            | 4-5            | 4-5            | 4-5            | 4      | 3        |        |
| 930-1000          | 1 (Lap) 4(55+) | 1 (Lap) 4(55+) | 1 (Lap) 4(55+) | 1 (Lap) 4(55+) | 4-5    | 3        |        |
| 1000-1030         | 1 (Lap) 4(55+) | 1 (Lap) 4(55+) | 1 (Lap) 4(55+) | 1 (Lap) 4(55+) | 4      | 3        | 5-6    |
| 1030-1100         | 1 (Lap) 4(55+) | 1 (Lap) 4(55+) | 1 (Lap) 4(55+) | 1 (Lap) 4(55+) | 4-5    | 3        | 5-6    |
| 1100-1130         | 3              | 3              | 3              | 3              | 3      | 3        | 5-6    |
| 1130-1200         | 3              | 3              | 3              | 3              | 3      | 3        | 5-6    |
| 1200-1230         | 4              | 4-5            | 4-5            | 4-5            | 4-5    | 3        | 5-6    |
| 1230-100          | 4              | 4-5            | 4-5            | 4-5            | 4      | 3        | 5-6    |
| 100-130           | 4              | 4-5            | 3-4            | 4-5            | 4-5    | 3        | 5-6    |
| 130-200           | 4              | 4              | 3-4            | 4              | 4      | 5-6      | 5-6    |
| 200-230           | 4              | 4              | 4              | 4              | 4-5    | 5-6      | 5-6    |
| 230-300           | 0              | 0              | 0              | 0              | 4-5    | 5-6      | 5-6    |
| 300-330           | 0              | 0              | 0              | 0              | 4-5    | 5-6      | 5-6    |
| 330-400           | 0              | 0              | 0              | 0              | 4-5    | 5-6      | 5-6    |
| 400-430           | 2-3            | 2-3            | 2-3            | 2-3            | 2-3    | 5-6      | 5-6    |
| 430-500           | 2-3            | 2-3            | 2-3            | 2-3            | 2-3    | 5-6      | 5-6    |
| 500-530           | 1              | 1              | 1              | 1              | 1      | Closed   | Closed |
| 530-600           | 1              | 1              | 1              | 1              | 1      |          |        |
| 600-630           | 1              | 1              | 1              | 1              | 1      |          |        |
| 630-700           | 4-5            | 4-5            | 4-5            | 3-4            | 4-5    |          |        |
| 700-730           | 4-5            | 4-5            | 4-5            | 3-4            | 4-5    |          |        |
| 730-800           | 4-5            | 4-5            | 4-5            | 3-4            | 4-5    |          |        |
| 800-830           | 4-5            | 4-5            | 4-5            | 4-5            | 6      |          |        |