



# Water Exercise

## Group Exercise Class Instructor Substitutes

MV May 2018

5/7-13

<b>DATE</b>	<b>DAY</b>	<b>TIME</b>	<b>CLASS</b>	<b>INSTRUCTOR</b>
5/7	Monday	8:40am	Deep Water	Barb
5/9	Wednesday	8:05am	Aqua Fit	Karen H
5/9	Wednesday	9am	Strength	Karen H
5/11	Friday	8:05am	Aqua Fit	Karen H

5/14-20

<b>DATE</b>	<b>DAY</b>	<b>TIME</b>	<b>CLASS</b>	<b>INSTRUCTOR</b>
5/18	Wednesday	8:05am	Aqua Fit	Karen H