Please note the modified pool availability for the following dates:

- **Monday, September 2 (Labor Day)** – Lap Pool hours will be from 7:30a-1:30p

<table>
<thead>
<tr>
<th></th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>LAP SWIM</td>
<td>5:30a-8:00p</td>
<td>5:30a-8:00p</td>
<td>5:30a-8:00p</td>
<td>5:30a-8:00p</td>
<td>5:30a-7:00p</td>
<td>7:30a-5:00p</td>
<td>7:30a-4:00p</td>
</tr>
<tr>
<td>WATER EXERCISE</td>
<td>7:45a-8:45a</td>
<td>7:45a-8:45a</td>
<td>7:45a-8:45a</td>
<td>7:45a-8:45a</td>
<td>7:45a-8:45a</td>
<td>7:45a-8:45a</td>
<td>8.00a-9:00a</td>
</tr>
<tr>
<td></td>
<td>Aqua Interval/Alexie</td>
<td>Aqua Interval/Deep Peggy</td>
<td>Aqua Fit Hetteie</td>
<td>Aqua Fit Hetteie</td>
<td>Aqua Fit/Deep Peggy</td>
<td>Aqua Fit/Deep Peggy</td>
<td>Aquafit Amber</td>
</tr>
<tr>
<td></td>
<td>9:00a-10:00a</td>
<td>9:00a-10:00a</td>
<td>5:30p-6:30p</td>
<td>9:00a-10:00a</td>
<td>9:00a-10:00a</td>
<td>9:00a-10:00a</td>
<td>9:00a-12:00p</td>
</tr>
<tr>
<td></td>
<td>Hydro Healing Jo</td>
<td>Aqua Interval Peggy</td>
<td>Aqua Fit Sheryl</td>
<td>Aqua Fit Peggy</td>
<td>Aqua Fit Peggy</td>
<td>Aqua Fit Peggy</td>
<td>4:00p-5:00p</td>
</tr>
<tr>
<td></td>
<td>5:30p-6:30p Aqua Interval Sheryl</td>
<td>Aqua Interval Peggy</td>
<td>Aqua Fit Sheryl</td>
<td>Aqua Fit Peggy</td>
<td>Aqua Fit Peggy</td>
<td>Aqua Fit Peggy</td>
<td>4:00p-5:00p</td>
</tr>
<tr>
<td>GROUP SWIM LESSONS</td>
<td>3:30p-7:00p</td>
<td>4:00p-7:00p</td>
<td>3:30p-7:00p</td>
<td>4:00p-7:00p</td>
<td>NONE</td>
<td>9:00a-12:00p</td>
<td>9:00a-12:00p</td>
</tr>
<tr>
<td></td>
<td>Must pre-register</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>FAMILY SWIM</td>
<td>10:00a-5:15p</td>
<td>10:00a-8:00p</td>
<td>10:00a-5:15p</td>
<td>10:00a-8:00p</td>
<td>10:00a-4:00p</td>
<td>4:00p-5:00p</td>
<td>9:00a-11:15a</td>
</tr>
<tr>
<td>3 shallow lanes</td>
<td>6:30p-8:00p</td>
<td>6:30p-8:00p</td>
<td>6:30p-8:00p</td>
<td>6:00p-7:00p</td>
<td>6:00p-7:00p</td>
<td>6:00p-7:00p</td>
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</tbody>
</table>

**ACTIVITY, RECREATIONAL POOL & WATER SLIDE**

**ID POLICIES**
- Membership card and/or valid government issued photo ID is REQUIRED
- Proof of Santee residency required.

**POOL ENTRY INFORMATION**
- Debit/Credit Card ONLY
- Entry fee is per person (regardless of age), per session
- Water slide may not be available for every session

**Activity & Recreational Pool**
- Member: FREE
  - Participant: Santee Resident - $4
    - Non-Santee Resident - $8

**Water Slide**
- Member: NONE
  - Participant: NONE

**LAP LANE AVAILABILITY**
Lap lanes may be limited due to YMCA programming during the following days/times:
- Mon-Fri 4:00pm-7:00pm
- Mon/Wed 5:30a-6:30a
- Tue/Fri 7:45a-8:45a
- Sat 9:00a-12:00p

**PRICES**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Member</th>
<th>Participant</th>
</tr>
</thead>
</table>
| Lap Swim       | FREE   | Santee Resident - $4
                |        | Non-Santee Resident - $8 |
| Interactive Pool | FREE   | Santee Resident - $4
                |        | Non-Santee Resident - $8 |
| Water Aerobics | FREE   | $20               |
| Aqualogix      | $33/month | $53/month        |
|                | $15/drop in | $20/drop in      |
SAFETY FIRST
General Aquatics Guidelines
CAMERON FAMILY YMCA

AGE REQUIREMENTS:
Ages 0–6:
- Must be accompanied by a guardian (age 18+) at all times.
- Adult must be within an arm’s reach of their child(ren) at all times

Ages 7–12:
- May use the aquatics facility with a guardian, or if the guardian is located in the facility.
- Guardian must check the child in to the pool.

Ages 13–17: May use the aquatics facility without a guardian.

Ages 18+: May use the aquatics facility without a guardian and may supervise children ages 6 and under.

POOL ACCESS REQUIREMENTS:
- Height Restrictions will apply to all areas of YMCA pool’s.
- Swim test is required to enter any area/pool that the person/child does not meet the height requirement (does not include slide access) each visit*.  
  - Swim Test Requirement: Jump in deep end, recover comfortably, tread water for 1 minute, and immediately swim 25 yards front crawl.

YMCA FACILITY ACCESS REQUIREMENTS:
- Photo ID is required to access any YMCA facility in San Diego County.
  - YMCA Membership Badge
  - Valid Government-issued photo I.D.
- All members, guests and community participants are required to fill out a YMCA of San Diego County Release of Liability Form in order to access the YMCA facility and programs.
- Guest passes: All guests must be accompanied by a member and check-in with a photo ID with Member Services prior to using the facility. *Restrictions may apply.

KNOW BEFORE YOU GO!
Subscribe to the Cameron Family YMCA Text Alerts to get updates regarding unscheduled events that could affect your visit to the Y.
- Text (CMYPOOLS) to 84483 for updates on the City of Santee Aquatics Center including: lap pool; activity and recreational pools.
- Text (CMYWATEREX) to 84483 for updates on Water Exercise class changes and cancellations.

OUR MISSION: The San Diego County YMCA is dedicated to improving the quality of human life and to helping all people realize their fullest potential as children of God, through the development of the spirit, mind and body.