



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# A SPLASH OF FUN

**Aquatics**  
**BORDER VIEW FAMILY YMCA**

## FALL POOL SCHEDULE

### LAP SWIM

#### MONDAY-THURSDAY

6:00am-10:00am  
12:00pm-8:00pm

#### FRIDAYS

6:00am-10:00am  
12:00pm-7:00pm

#### SATURDAYS

8:00am-3:00pm

#### SUNDAYS

11:00am-3:00pm

### RECREATIONAL SWIM

#### MONDAY-THURSDAY

12:00pm-4:00pm  
6:30pm-8:00pm

#### FRIDAYS

12:00pm-7:00pm

#### SATURDAYS

12:00pm-3:00pm

#### SUNDAYS

11:00am-3:00pm

This schedule will take effect starting September 1, 2019.\* Lap lanes may be limited.  
Please be prepared to share. (One lap lane available from 4:00pm-7:30pm)

**FOR MORE INFORMATION, VISIT OUR WEBSITE**  
**[YMCA.org/Border-View](http://YMCA.org/Border-View)**

#### OUR MISSION

The YMCA of San Diego County is dedicated to improving the quality of human life and to helping all people realize their fullest potential as children of God through the development of the spirit, mind and body.