



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# POOL SCHEDULE

## LAP SWIM (Lanes are to only be used for continuous movement from one end of the pool to the other.)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00a-10:00a 12:00p-8:00p	6:00a-10:00a 12:00p-8:00p	6:00a-10:00a 12:00p-8:00p	6:00a-10:00a 12:00p-8:00p	6:00a-10:00a 12:00p-7:00p	8:00a-3:00p	11:00a-3:00p

LAP LANE AVAILABILITY: Only one lap lane available M-F 4:00pm-7:00 pm \*\*Limited lap lanes M/W/F 8:00am-10:30am & T/TH 8:00am-10:00am SAT 8:00am-12:00am,

## FAMILY SWIM ( POOL SHALLOW END)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12:00-4:00p 6:15-8:00p	12:00-4:00p 6:15-8:00p	12:00-4:00p 6:15-8:00p	12:00-4:00p 6:15-8:00p	12:00-7:00p	12:00p-3:00p	11:00a-3:00p

### POOL RULES

- Please remember to wear proper swim attire when entering the pool. No cotton, jeans, t shirts or tank tops are allowed in the water.
- If one long whistle blast is heard, please calmly exit the pool and head toward the locker rooms.
- Please remember to walk at all times. Running on deck is not permitted.
- There is a 1:25 lifeguard to patron ratio. If the ratio is at capacity and no other swimmers may be allowed in the pool.

We reserve the ramp for those that are handicap. Please do not play on the ramp or the rails

### REGLAS DE LA ALBERCA

- Se debe de usar un traje de baño adecuado. No se permite usar vestimenta de algodón, camisetas, o playeras dentro de la piscina.
- Si se oye un sonido prolongado de silbato, por favor tranquilamente salga de la piscina y dirigirse hacia el vestuario.
- Caminar, No correr. El piso esta resbaloso.
- Debe de haber un salvavidas por cada 25 personas. Si esta proporción es alcanzada y no hay más guardias disponibles, no se administraran pruebas de natación.
- Reservamos la rampa para aquellos que son discapacitados. Por favor, no jueguen en la rampa o en las barandillas.

**Pool Parties are often scheduled on Saturdays or Sundays and may restrict the usage of pool during Family Swim.**