



# AQUATICS SCHEDULE WINTER

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

7:30-8:30 7:30-8:30 7:30-8:30 7:30-8:30 7:00-7:50  
AQUA FIT

8:30-11:00  
PRESCHOOL SWIM LESSONS

7:55am-2:00pm  
CORREIA MIDDLE SCHOOL  
(Fridays only)

9:30-11:00  
55+ SWIM

11:05-11:55  
AQUA FIT

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

12:00-1:00  
WATER THERAPY

1:00-2:00  
SHARP HOSPITAL

2:30pm - 4:00pm  
POINT LOMA HIGH SCHOOL SWIM TEAM

4:00pm - 8:00pm  
PRESCHOOL & SCHOOL AGE SWIM LESSONS

4:00pm - 6:30pm  
PENINSULA SWIM TEAM

## FAMILY SWIM TIMES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
11:00-12:00	11:00-4:00	11:00-1:00	11:00-2:00		1:30-5:30	10:00-5:30
1:00-4:00		2:00-4:00	2:30-4:00	2:00-8:30		
6:30-8:30	6:30-8:30	6:30-8:30	6:30-8:30			



# AQUATICS SCHEDULE

## LAP LANE AVAILABILITY

**TOTAL 6 LANES**

LANE AVAILABILITY							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
530-600	6	6	6	6	6	Closed	Closed
600-630	5	6	6	6	6		
630-700	5	6	6	6	6		
700-730	5	6	6	6	3	6	
730-800	3	3	3	3	3	6	
800-830	3	3	3	3	4	6	
830-900	4-5	4-5	4-5	4-5	4-5	3	
900-930	4-5	4-5	4-5	4-5	4	3	
930-1000	1 (Lap) 4(55+)	1 (Lap) 4(55+)	1 (Lap) 4(55+)	1 (Lap) 4(55+)	4-5	3	
1000-1030	1 (Lap) 4(55+)	1 (Lap) 4(55+)	1 (Lap) 4(55+)	1 (Lap) 4(55+)	4	3	5-6
1030-1100	1 (Lap) 4(55+)	1 (Lap) 4(55+)	1 (Lap) 4(55+)	1 (Lap) 4(55+)	4-5	3	5-6
1100-1130	3	3	3	3	3	3	5-6
1130-1200	3	3	3	3	3	3	5-6
1200-1230	4	4-5	4-5	4-5	4-5	3	5-6
1230-100	4	4-5	4-5	4-5	4	3	5-6
100-130	4	4-5	3-4	4-5	4-5	3	5-6
130-200	4	4	3-4	4	4	5-6	5-6
200-230	4	4	4	4	4-5	5-6	5-6
230-300	0	0	0	0	4-5	5-6	5-6
300-330	0	0	0	0	4-5	5-6	5-6
330-400	0	0	0	0	4-5	5-6	5-6
400-430	2-3	2-3	2-3	2-3	2-3	5-6	5-6
430-500	2-3	2-3	2-3	2-3	2-3	5-6	5-6
500-530	1	1	1	1	1	Closed	Closed
530-600	1	1	1	1	1		
600-630	1	1	1	1	1		
630-700	4-5	4-5	4-5	3-4	4-5		
700-730	4-5	4-5	4-5	3-4	4-5		
730-800	4-5	4-5	4-5	3-4	4-5		
800-830	4-5	4-5	4-5	4-5	6		