

Jackie Robinson Family YMCA

Group Exercise Class Instructor Substitutes

5-Nov to 11-Nov

DATE	DAY	CLASS	TIME	INSTRUCTOR
6-Nov	Tue	BodyPump®	6:00 PM	LaKemba
8-Nov	Thu	Vinyasa Yoga	6:00 PM	Audrey

12-Nov to 18-Nov

DATE	DAY	CLASS	TIME	INSTRUCTOR
12-Nov	Mon	ALL	See modified	schedule
13-Nov	Tue	Bodypump	6pm	LaKemba
16-Nov	Fri	Zumba	5:45pm	Maria
17-Nov	Sat	Cycle	8:15 AM	Charlene

19-Nov to 25-Nov

DATE	DAY	CLASS	TIME	INSTRUCTOR
19-Nov	Mon	UJAM®	6:00 PM	TBD
20-Nov	Tue	Bodypump	6pm	LaKemba
22-Nov	Thu	ALL	See modified	schedule
23-Nov	Fri	ALL	See modified	schedule

26-Nov to 2-Dec

DATE	DAY	CLASS	TIME	INSTRUCTOR
26-Nov	Mon	UJAM®	6:00 PM	TBD
26-Nov	Mon	Fusion Yoga	6:30pm	TBD
27-Nov	Tue	Bodypump	6pm	LaKemba