

GROUP EXERCISE HOLIDAY SCHEDULE COPLEY-PRICE FAMILY YMCA



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CHRISTMAS EVE

MONDAY, 12/24 (Facility Hours: 5am-2pm)

8:00am	BODYPUMP	Brian	Studio 1
8:00am	Yoga	Joanna	Studio 3
9:30am	Aqua Fit	Klarissa	Pool
9:30am	Cycling	Diane	Studio 3
9:30am	BODYCOMBAT	Eduardo/Jackie	Studio 2
9:30am	Zumba	Martha	Studio 1

CHRISTMAS DAY

TUESDAY, 12/25 (All YMCAs CLOSED)

NEW YEAR'S EVE

MONDAY, 12/31 (Facility Hours: 5am-4pm)

8:00am	BODYPUMP	Rosa	Studio 1
8:00am	Cycling	Sara	Studio 3
9:30am	Aqua Fit	Katrina	Pool
9:30am	Yoga	Joanna	Studio 3
9:30am	U-Jam	Sam	Studio 1
9:30am	Extreme Fit	Klarissa	Patio