## Pool Hours

<table>
<thead>
<tr>
<th>Day</th>
<th>OUTDOOR POOL OPEN SWIM</th>
<th>INDOOR POOL OPEN SWIM</th>
<th>OUTDOOR POOL LAP SWIM (See Notes Below)</th>
<th>INDOOR POOL LAP SWIM (See Notes Below)</th>
<th>SPLASH PAD</th>
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<tbody>
<tr>
<td>Monday</td>
<td>5 am - 9:30 pm</td>
<td>6 am - 9:30 pm</td>
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<td>Tuesday</td>
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### Pool Rules

- YMCA Lifeguard has final authority
- It’s the rule, one long whistle – exit the pool immediately
- For your safety, children 6 and under must be actively supervised by an adult 18 years or older
- All patrons under 12 years old must meet one of the following:
  - Successfully pass a swim test (25 yards continuous swim and tread water for one minute) OR
  - Stand comfortably chest deep water in the entire swim zone OR
  - Wearing a properly fitted United States Coast Guard (USCG) approved Personal Flotation Device (PFD or lifejacket) OR
  - Be within arms reach of adult (only one non-swimmer per adult)
- Recreational diving permitted in 9 feet of water or more
- Please walk on pool deck
- Prolonged underwater breath holding is dangerous and not permitted
- USCG approved lifejacket may be used
- All pool equipment must be used appropriately
- Swimming without a certified lifeguard on duty is prohibited
- Swim diapers are required for swimmers who are not potty-trained
- Please shower before entering the pool
- Eating is permitted in designated areas only
- Appropriate swimming attire must be worn at all times (cut-offs, jeans, etc. are not permitted). No cotton allowed.

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Revised 6/12/19