

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ADVANCING GLOBAL EQUITY



2022 YMCA World Service Annual Report

YMCA OF THE USA



GLOBAL YMCA MOVEMENT

Every day, Ys in 120 countries help people to reach their full potential and create a better future for themselves.



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YMCA Mission:

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

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OUR APPROACH TO ADVANCING GLOBAL EQUITY



Delegates from YMCAs in 80 nations attended the 20th World Council of YMCAs in Aarhus, Denmark, where YMCA Vision 2030 was formally adopted. Photo courtesy of the World Alliance of YMCAs.

For more than 175 years, the YMCA has helped people around the world overcome barriers and access the opportunities they need to thrive. Today, the global YMCA movement serves more than 60 million people across 120 countries.

At the global level, the YMCA's mission is to empower young people and communities to build a just, sustainable, equitable and inclusive world, where every person can thrive in body, mind and spirit. In July 2022, the global YMCA movement made history with the adoption of **YMCA Vision 2030**, a shared strategy to advance this mission.

Vision 2030 is anchored in **four priority issues** that young people around the world identified as the most pressing needs to address in their communities.

YMCA VISION 2030 PILLARS



Community Well-Being

Supporting the health and well-being of all people.



Meaningful Work

Providing meaningful work and education opportunities.



Sustainable Planet

Taking action to sustain and protect our planet.



A Just World

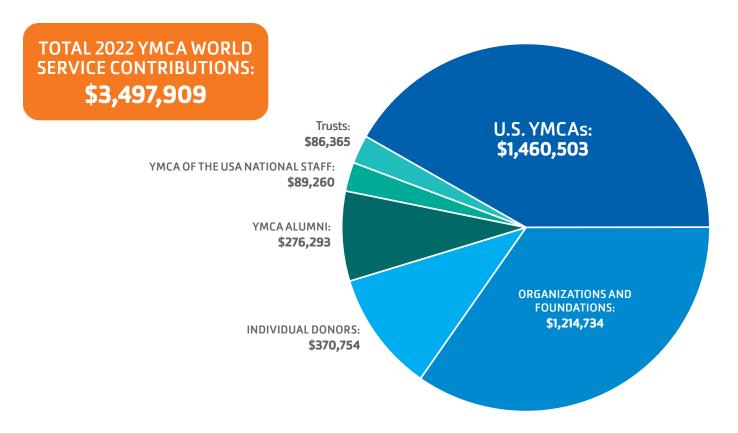
Addressing inequities and racism to create a more just world for all.

Vision 2030 is a critical component of **Y-USA's Global Social Equity Strategy**, which seeks to advance equity for all by strengthening the capacity of YMCAs around the world to support young leaders in their efforts to create change in these key areas. We do this by partnering with YMCAs across the U.S., organizations, foundations, agencies, and **supporters like you** to mobilize technical and financial resources, and provide global education and leadership development opportunities to support the next generation of global leaders at home and abroad.

YMCA World Service Campaign Impact and Reach

In 2022, the YMCA World Service Campaign raised nearly \$3.5 million – the highest amount in recent history! Approximately \$1.9 million of this total (54%) was mobilized specifically to support YMCA Ukraine and YMCA Europe's direct response to the humanitarian crisis in Ukraine. Thanks to the generous contributions of more than 1,300 individual and local Y donors, as well as supporting organizations and foundations, our partners in Europe have been able to quickly leverage these critical funds to support the urgent needs of more than 200,000 people who have been impacted by the war thus far.

SOURCES OF 2022 YMCA WORLD SERVICE CAMPAIGN CONTRIBUTIONS:



In 2022, the YMCA World Service Campaign strengthened the impact of the following YMCAs, ultimately helping to improve the lives of more than one million people:

AFRICA

Africa Alliance of YMCAs Ethiopia YMCA Liberia YMCA Madagascar YMCA Senegal YMCA Sierra Leone YMCA South Africa YMCA Togo YMCA

ASIA

India YMCA Myanmar YMCA Philippines YMCA Sri Lanka YMCA Thailand YMCA

LATIN AMERICA/CARIBBEAN

Latin American and Caribbean Alliance of YMCAs Bahamas YMCA Cayman Islands YMCA Chile YMCA Colombia YMCA Haiti YMCA Honduras YMCA Mexico YMCA Nicaraqua YMCA

MIDDLE EAST

Uruquay YMCA

Peru YMCA

East Jerusalem YMCA Jerusalem International YMCA Lebanon YMCA

EUROPE

YMCA Europe*
Czech Republic YMCA
Georgia YMCA
Kosovo YMCA
Macedonia YMCA
Romania YMCA
Ukraine YMCA

NORTH AMERICA

Puerto Rico YMCAs YMCA of the Seven Council Fires

*YMCA Europe, the regional resource office for 44 national YMCA movements in Europe, coordinates all response efforts to support those impacted by the war in Ukraine.

A JUST WORLD:

Global Response to the Ukraine Crisis



On February 24, 2022, Russia invaded Ukraine, sparking an international crisis that has resulted in massive destruction, loss of life and more than 14 million people seeking refuge or internally displaced to date. But on that very same day, the global YMCA movement sprang into action, mobilizing critical resources to support those directly impacted in Ukraine and nearby countries.

YMCA World Service immediately launched an emergency appeal to YMCAs, friends and partners across the U.S. By the end of 2022, approximately \$1.9 million had been raised to support YMCA Europe's immediate and long-term response efforts, which have directly impacted more than 200,000 people through provision of food, clothing, housing, transportation, mental health services, childcare, youth activities, legal aid, employment and much more.

The YMCA has deep roots in Europe, including in Ukraine and Russia. Through YMCA Europe's Roots for Peace Program, more than 15,000 young leaders from Ukraine, Russia, and other countries in the region have engaged in critical peacebuilding and reconciliation efforts for more than 15 years. When the war ends, it is these young people who will help restore peace, lead change and create hope for the future of their communities and nations.



"I will never forget when one of the Ukrainian teens, fourteen years old, very shy, who was volunteering at the YMCA camp for Ukrainian and Romanian children, came up to me, gave me a hug, and said, 'Thank you', and I said, 'Thank YOU', because she was doing tremendous work translating and working side by side so that the younger kids could have a fun time."

— Alina Pop CEO, Romania YMCA EXPLORE AN INTERACTIVE MAP OF YMCA UKRAINE CRISIS RESPONSE PROJECTS:



A SUSTAINABLE PLANET:

Youth-Led Solutions in Sierra Leone and the Philippines





In Sierra Leone, the accelerating rate of deforestation is threatening biodiversity, economic opportunities, and is contributing to devastating flooding. In response, the Sierra Leone YMCA empowered more than 80 young people to lead community efforts on reforestation and climate change adaptation. Young leaders are working with community members and stakeholders to raise awareness about harmful environmental practices like deforestation and charcoal burning and offer solutions that are mutually beneficial to both the community and the environment.

"As a young person I am so passionate, and I am inspired seeing young people working positively. I think we are touching the world. It's not about giving youth free money, it's about empowering youth to feel the responsibility of sustaining our planet. Young people are taking this initiative and believing in a vision. The youth believe in this."

— **Pious** Youth Leader, Sierra Leone YMCA

Cultivating Action through Responsible Education (C.A.R.E. for Climate) is a cross-cultural collaboration between YMCAs in the Philippines and the U.S. where young people become Eco-Leaders using a common curriculum focused on the impact of climate change, leadership skills and project management. As a result of the program, young people are empowered to make a positive change in their community and implement community-based initiatives, including river and coastal cleanups, waste management, responsible tourism, organic gardening and more.

"It takes collaborative effort and a common goal to catalyze environmental change."

— **lanne Christine Aquino** CEO, Albay, Philippines YMCA



COMMUNITY WELLBEING:

Supporting Youth Impacted by Violence in East Jerusalem





Many children and teens in the West Bank and Gaza are negatively impacted by chronic political tension and violence. Studies show that more than 36% of these young people suffer from Post-Traumatic Stress Disorder (PTSD). Many also have life altering injuries due to violence and/or incarceration. As a result, children experience high levels of anxiety, depression and hopelessness.

The East Jerusalem YMCA provides rehabilitation services to youth affected by violence across East Jerusalem and the West Bank. The program provides a holistic response that includes psychosocial counseling, family intervention, academic and vocational rehabilitation, the construction and adaptation of buildings for people with disabilities, physical rehabilitation services, community awareness, advocacy, training and research.

Nicola Abuamsha is a Youth Coordinator with the East Jerusalem YMCA. He leads the "Hope Makers" project to enhance the resilience of young people in refugee camps after the pandemic, and the resulting negative impact on their mental and physical health. "Through the project we were able to reach 800 people directly, and around 4,000 indirectly," Abuamsha said. "By creating core groups from different locations and camps, we were able to expand our reach. It's also important to mention that this project, is started, lead, run and managed by youth, for youth!"

"What keeps me going is the impact and change we can achieve by empowering young people. Within our youth center, we are changing lives and helping others find a better future, and this has always given me hope for a better tomorrow."

— **Nicola Abuamsha** Youth Coordinator, East Jerusalem YMCA

MEANINGFUL WORK:

Supporting Young Entrepreneurs in Honduras and Nicaragua



High youth unemployment and lack of opportunities are key drivers for youth migration in Honduras. The Honduras YMCA is helping young people create their own jobs through beekeeping. Two cohorts of 15 young people in Marcala (La Paz) have learned beekeeping essentials, business planning and market tools. They are also learning how to create additional products with wax, propolis and pollen.

In addition, young people organize in savings and lending circles to grow their business. They are also educating the community about the importance of bees for the environment and sharing their beekeeping knowledge with other young people.





In Nicaragua, 30 percent of the population lives on less than \$2 per day and 50 percent of households in rural areas live in extreme poverty. In response, the Nicaragua YMCA has developed innovative rural development programs including land and seed banks that help rural families generate a sustainable livelihood. The YMCA provides rural families with plots of land to farm and training to empower them in providing a sustainable way to have nutritious food for their families. In addition, the YMCA provides Indigenous communities with access to wells for safe drinking water and latrines for healthy sanitation.

"We are no longer poor now. We have seven acres of land. We have sown our land and we sell the fruits we harvest. We are already making it."

— **Jailin** Program Participant, Nicaragua YMCA



MORE WAYS TO SUPPORT YMCA WORLD SERVICE

Consider a Planned Gift

Planned giving allows you to make an enduring impact on the global mission of the YMCA. It is a simple and flexible way to combine charitable giving with sound financial planning. In fact, there are many ways for you to use planned giving opportunities to strengthen the work of the global YMCA Movement, support life-changing programs and realize significant financial and tax benefits for you and your loved ones.

Your bequest or planned gift makes you eligible for membership in the YMCA of the USA Global Legacy Society. This is YMCA of the USA's way of formally recognizing your support of our mission through your estate planning and thanking you for your generosity.

YMCA of the USA Global Legacy Society

We extend our deep appreciation to the members of the YMCA of the USA Global Legacy Society, whose planned gifts will carry on the international mission of the YMCA and continue to strengthen the global YMCA Movement for generations to come. Thank you!

Clark and Carolyn Baker
Harry and Marilyn Brunger
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Jim and Jeanne Van Houten

Robert R. Wilke

For information on how to complete your estate planning to benefit the international work of YMCA of the USA, please consult with both your personal advisor(s) and Y-USA's International Group at 800-872-9622 or world.service@ymca.net.

This information is not intended to be financial or legal advice. Please consult your personal qualified advisers as you consider philanthropic gifts.



"I support YMCA World Service because of the life changing work it empowers our global Y partners to achieve. This is our chance to extend beyond our country and to be part of global change."

> Suzanne McCormick CEO, YMCA of the USA

THANK YOU FOR MAKING A DIFFERENCE IN THE WORLD!

THANK YOU MERCI TACK DANKE GRAZIE XIÈXIÈ OBRIGADO MAM'NOON DHANYAVAAD DZIĘKUJĘ ARIGATO KHAAWP-KHUN



NGIYABONGA SHUKRAAN MĀLŌ DANKIE SALAMAT KAMSAHAMNIDA HVALA AČIŪ SPASIBA GRACIAS

THANK YOU FOR SUPPORTING YMCA WORLD SERVICE

To learn more or contribute:



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