

Rancho Family YMCA
Open Swim Times

Main Pool Schedule: Oct 12-Nov 15, 2009

Activity Pool Schedule: Oct 24-Nov 15, 2009

Schedule subject to change

	Main Pool*	Activity Pool	Slide open for 15min
Monday	9:00-3:15pm 7:00 – 9:00pm	Closed	
Tuesday	1:00 – 3:15pm 7:00 – 9:00pm (<i>Family Swim*</i>)	Closed	
Wednesday	9:00-3:15pm 7:00 – 9:00pm	Closed	
Thursday	1:00 – 3:15pm 7:00 – 9:00pm (<i>Family Swim*</i>)	Closed	
Friday	9:00-5:00pm 5:00-7:00pm (<i>Family Swim*</i>) 7:00-8:45pm (<i>Member Only Family Swim*</i>)	3:00pm - 6:00pm***	4 & 5pm
Saturday	1:15pm – 6:00pm	1:00pm – 5:00pm***	1,2,3,4pm
Sunday	12:00pm – 4:45pm	1:00pm-4:45pm***	1,2,3,4pm

***The Activity Pool will be CLOSED Oct. 12-23rd for Maintenance.

Pool Rules

All People Entering the YMCA Must be Members or Pay the Daily Use Fee

- **You must be 48” tall to ride the slide.**
- No running on the pool deck.
- No gum, food, drinks or band aids in the pool.
- Kickboards, dumbbells and YMCA pool toys are for swim lessons/lap swimming/aerobics only for safety reasons.
- No swim noodles or balls allowed (exceptions will be for therapy reasons *only* at lifeguards’ discretion).
- No glass containers will be allowed in the pool area.
- **Only Coast Guard approved floatation devices will be allowed.**
- Diving will only be allowed from the deck in a depth of 9 feet or over.
- No pushing or horseplay of any kind will be allowed.
- Respect the facility’s property.
- Children under the age of 8 years are not allowed in the spa. Children 8-14 years must be accompanied by an adult in spa.
- **Children that are not toilet trained must wear a swim diaper.** They can be purchased at the front desk.
- Lap swim time is for adults (14+) only. All lap swimmers must circle swim when more than two patrons per lane.
There is a maximum of 4 swimmers per lane. Youth lap swim is ages 8-14 .
- In the Activity Pool children under 5 years old must be accompanied by a parent (arms-reach). In the Main Pool children under 8 years old must be accompanied by an adult (arms-reach). No more than 2 children per adult.
- *Family Swim requires that all children under 14 be accompanied by an adult in the water.
- Non-members who utilize the pool are required to pay a day use fee regardless of participation and/or age.
- **Lifeguard is in full charge at all times** and may choose to enforce additional rules to maintain safety.

